# Safeguarding Training Guide

Anyone involved

in our sports can contact the Swim England

Safeguarding Team, or their

Club, County or Regional Welfare Officer.



# What to do if you have a concern

If someone makes you aware of an allegation, concern or disclosure or if you have a concern about someone's physical, sexual or emotional wellbeing, it is extremely important that you understand your responsibilities and the steps you need to take.

This one-page guide has been designed as part of the Swim England Safeguarding and Protecting Children training.

We strongly recommend that this document is placed where you can easily access it.

### Do's and Don'ts for handling a disclosure

#### Do

- Stay calm
- Listen
- · Reassure them
- · Tell them what you are going to do
- · Make a written record of what was said

#### Don't

- · Challenge the concern
- Make promises you can't keep
- Take sole responsibility for dealing with a concern
- · Delay in reporting to Swim England
- · Confront the alleged abuser

## Wavepower contains information on

Your responsibilities

Who to contact

Policies and procedures

Guidance for coaches, teachers and poolside helpers

How to react, record and report concerns

Plus much more support and guidance

Swim England Child Safeguarding Team: 01509 640700

NSPCC Child Protection Helpline: 0808 800 5000

NSPCC Child Protection in Sport Unit: 0116 366 5580

For more information visit the Wavepower website: swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/







	Club Welfare Officer	
Name:		
Tel:		
	County Welfare Officer	
Name:		
Tel:		
	Regional Welfare Officer	
Name:		
Tel:		
	Out of hours / Emergency Duty Team	
Tel:		
	Children's Social Care	
Tel:		
	Local Authority Designated Officer (LADO) or Designated Officer (DO)	
Tel:		
	Multi Agency Safeguarding Hub (MASH)	
Tel:		